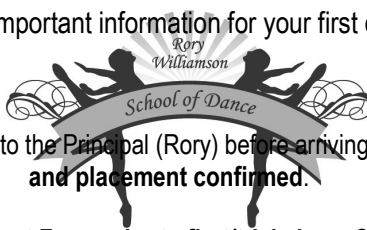


WELCOME TO DANCING!

To follow is some important information for your first dance class with



Firstly, please make sure that you have spoken to the Principal (Rory) before arriving to take class, and have had your **enrolment and placement confirmed**.

Please return a **completed Enrolment Form prior to first/trial class**. Contact us if you do not have one.

Student's cannot participate until the Enrolment form is completed and submitted for liability and insurance reasons.

Wear something suitable to the first class if you do not have a leotard/activewear. For example, a pair of swimmers and a skirt or a fitted shirt and leggings. Very young students are permitted to wear a "ballerina" or "fairy" dress (so long as it is not long enough to trip over) to their first class, but please, **NO JIFFIES OR DRESS UP DANCE SHOES**. These shoes are slippery and ill-fitting and children may be upset if they are asked to remove them. Bare feet is best if you do not yet have a pair of ballet shoes.

On acceptance of enrolment, our uniform list will be made available for purchasing. Uniform is compulsory.

Bring a **NAMED water bottle** to each and every class, and it is a good idea to get students used to bringing a named "**Dance Bag**" right from the first lesson. This creates a routine that is easy for parents and teachers, and provides somewhere to keep belongings and for the school to send notes home in.

Don't buy dancewear yet! Make sure you have done your first trial class so that you know that your money is not going to be wasted.

Our studio uniform is compulsory and ordered through the dance studio.

Dance Shoes need to be properly fitted at a Dance Shop and quality dance shoes are not available in department stores. Be aware that while second-hand shoes may seem like a bargain, if they are not the correct size and width you could be doing your child's feet more harm than good.

Hair needs to be in a bun or ponytail, or, if too short, secured with a headband and pins. Students cannot focus on dancing when their hair is in their eyes, and cannot turn if hair is flicking into eyes.

Jewellery is best left at home as it can be dangerous and creates distractions for little children, likewise please leave toys and other distractions at home or in the car.

Explain to children that they are going to be in a class environment.

Many very young children may have a completely different conception of a dance class to what it actually is! Don't worry, this is ok and they will still have a good time and will very quickly get used to the class structure, but it helps the process if they are aware of it beforehand.

Do all you can to have your child prepared and ready for a positive experience-

**Go to the bathroom before class *Make sure younger children are fully awake if they still have a daytime sleep*

**Ensure that they have had a snack prior to class *NB WE ARE A NUT AND SEAFOOD FREE SPACE*

**Make it positive...you shouldn't have to bribe or threaten to get them to attend.*

**Remind them that the teacher is there for them and to always speak up if they need something or have a problem*

Children are less distracted and more inclined to focus on the teacher and work at hand if mum and dad aren't present and there are no noisy distractions, so it is preferred if parents do not stay during class. Of course if you have any concerns about what is happening in class or how your child is progressing, you are always welcome to stay to "check things out", however rest assured that all of our staff are qualified, and have Working with Children BlueCards and First Aid certificates.

Students are not permitted to leave the studio until parents have come to the door to collect them.

If your child is sick, injured or special needs, or has any type of allergy or health issue, please make sure the teacher knows and note it on the Enrolment Form. Attach another sheet if necessary. Ensure asthmatics have a puffer etc.

PLEASE READ YOUR ENROLMENT INFO SHEET FOR FURTHER INFORMATION



Dance Dress or Leotard & Skirt

Suitable for:

Ballet

Jazz

Tap

Ballet students must wear leotard (no crops)



Leotard and shorts

Suitable for:

Jazz

Tap

Hip Hop

Contemporary



Crop top and shorts

Suitable for:

Jazz

Hip Hop

Contemporary

Comp team



Tank top

Suitable for:

Hip Hop

Contemporary

As Overshirt/Warm Up

Boys



Full Length Legging

Suitable for:

Jazz

Hip Hop

Contemporary

Warm up

Uniform - Compulsory

Our uniform is compulsory and designed for optimum performance in class. Please see above pictures and order through the studio.

Each dance style requires particular shoes and tights as below, and you will be required to go to a dance shop to be fitted properly:

Ballet

Pink ballet tights
Pink ballet socks for Preschoolers and Beginners
Pink ballet shoes

Jazz

"Shimmer" jazz tights for performances & exams
Black split-sole slip-on jazz shoes (no laces)

Hip Hop

Black hip hop sneaker

Tap

Black buckle-up tap shoe
"Shimmer" jazz tights for performances & exams

Contemporary

Half sole contemporary shoe or Foot Undeez

Hair and Jewellery

Hair is to be in a bun for ballet, jazz and tap, or ponytail for hip hop, or secured with a headband if too short.
No fringes. Students will be asked to tie hair up if they arrive at class with it loose/out.
Jewellery can be dangerous when dancing and should be removed for class



Boys

Black RWSOD Tank top
Black dance shorts / dance tights
Black ballet/jazz/tap shoes/dance sneakers